

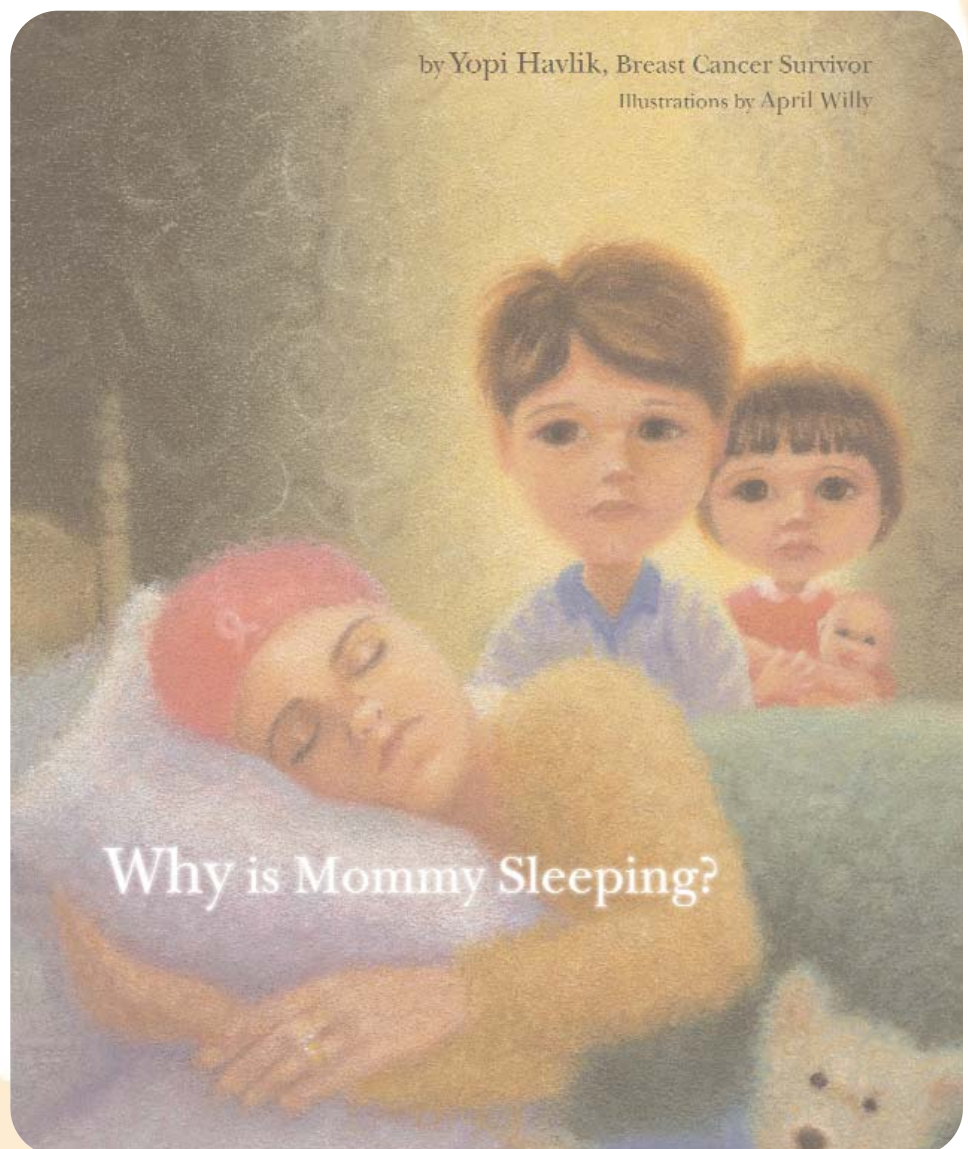
# Former patient writes children's book about coping with cancer

*Proceeds will benefit Community Regional Cancer Care services*

One of Community Health Network's former patients, Yopi Havlik, a five-year breast cancer survivor, has written and published a children's book with the Community Health Network Foundation's support.

The nonfiction children's book, *Why is Mommy Sleeping?*, was written from Havlik's son's perspective. He was 7 and his sister was 5 when Havlik was diagnosed with breast cancer at the age of 34. The idea for the book came about when Havlik and her husband couldn't find a suitable children's book that could help explain to kids what happens when a parent is battling cancer.

"The hardest thing, other than the chemotherapy, was knowing what to tell your children. How much do you tell them?" Havlik says. "That's why I wanted to do *(See BOOK continued on page 2)*



## Around the Network

*(BOOK continued from page 1)*

a children's book. If I could help one family, it would be worthwhile."

Havlik knew Lorrie Ramsey, clinical director of the Community Regional Cancer Care Services, and told her about the book idea. In the meantime, Havlik had been working with Indianapolis artist April Willy and graphic designer Scott Willy to develop the look and feel of the book. Havlik felt confident in the couple's direction and abilities since they have previously illustrated and designed four other books.

Next, Ramsey showed the story and some of the illustrations to Bill Kingston, president of the foundation, and Marcy Zunk, director of development for the foundation, to see if they could support Havlik on her quest. They decided it would be a great project for the foundation and met with Havlik to discuss the details.

"It's a very moving book and I can certainly see it having success regionally and possibly even nationally," Zunk says.

After meeting with Kingston and Zunk, Havlik was "thrilled"

with their enthusiasm for the book. "I wanted to be affiliated with the place I was treated since I had such a wonderful experience at Community," Havlik says. "I thought it would be wonderful for me to have an association with the network."

Why is Mommy Sleeping? will be sold for \$9.95 in all of Community's Jasmine gift shops and the FigLeaf boutique. The book features the Community Health Network Foundation logo on the cover and the inside back cover features the foundation's mission and dedication, written by Zunk.

As part of the arrangement, a portion of the proceeds from Why is Mommy Sleeping? will benefit Community Health Network and more specifically, programs and services of Community Regional Cancer Care.

The funds will support equipment purchases, community outreach programs and a healing environment, thus making a difference in the lives of patients and families entrusted to Community's care and ensuring exceptional patient and family experiences.

### Meet the author and illustrator of *Why is Mommy Sleeping?*

Yopi Havlik and April Willy will be present for two book signings at Community Hospital North just outside the FigLeaf boutique.

During the public book signing, children will receive "chemo bags," which are modeled after the treat bags Havlick gave her own children on the days she received chemotherapy treatment. The bags include coloring books, crayons and cereal.

Light refreshments will be served at both book signings.

**October 25**

**2 to 5 p.m.**

A book signing for Community Health Network employees.

**October 27**

**10 a.m. to 2 p.m.**

A book signing for the public.